

# CHOOSE/COMMIT WORKSHEET

This worksheet may be printed or you may download a copy and save it to your own file.

Options	Satisfies my Values	Supports my Interests	Uses my Skills and Abilities	Taps into my Personality Strengths	Supports my overall career and life goals	Presents no unsolvable obstacles
Option 1						
Option 2						
Option 3						

Identify the option to which you are ready to commit?